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Inmate Recreation
Recreation, Inmate

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INMATE RECREATION

- I. POLICY: Inmates will have access to recreational opportunities, equipment, and outdoor exercise (when climate permits) to maintain the physical, social, and emotional health of the individual.

- II. RECREATIONAL ACTIVITIES
 - A. Recreational activities will include, but not be limited to:
 1. Television, reading, cards games, checkers, chess, puzzles, and outdoor exercise.

 - B. Recreational activities for inmates are available daily.
 1. Due to security constraints, inmates will receive exercise and limited recreation, which allows a minimum of three hours of such activity distributed over a period of seven days.

- III. OUTSIDE RECREATION FOR INMATES
 - A. The Control Deputy will notify each Housing Unit and/or Administrative Segregation, via intercom when inmates are authorized to exercise outside of their unit and/or Administrative Segregation cells.
 1. Inmates will exit their respective unit and proceed to their outside exercise yard.
 - a. Building One inmates will only be allowed in the yard with a Deputy present.

 2. When the inmates' exercise is terminated, the inmates will return to their respective unit.

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- B. The Floor Deputy will make an entry on the "Outside Exercise Log" showing the date, time in/out, and sign the log with initials and ID number.
 - 1. Lack of yard due to weather or security issues will be noted on the log.
- C. The various exercise yards at Building Two Detention Facility will be secured and denied use by inmates during mandatory lockdowns, headcounts, and daily by 1830 hours.
 - 1. The Facility Supervisor has the option to reopen the various exercise yards after shift change, until no later than 2030 hours during summer months only.
 - 2. When available for inmate use, the door to the outside yard will be unlocked and accessible for inmate to come and go from the yard to the dayroom for purposes of bathroom and water fountain.

BUILDING ONE ISOLATION CELL INMATES

- D. Inmates housed in the Building One Isolation area will receive additional recreation time, to the daily yard time, in the miscellaneous room.
 - 1. The additional time shall last for at least one-half hour, but no longer than two hours.
 - 2. If operational loads are heavy, the use of the miscellaneous room can be done on a rotating basis, between inmates, every other day.
 - 3. The additional time allows the inmate more out-of-cell time and the ability to watch television.
- E. Ineligible inmates are as follows:
 - 1. Inmates that are serving disciplinary sanctions; and/or
 - 2. Inmates that are mentally unstable or exhibit unpredictable behavior.
- F. Documentation of the use of the miscellaneous room by inmates in Administrative Segregation will be done on the "Lockdown Yard and Activity Log."

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- G. The television in the miscellaneous room shall be inspected before and after each use.

IV. BUILDING TWO DETENTION FACILITY
ADMINISTRATION SEGREGATION and DISCIPLINARY SEGREGATION

- A. Inmates on Administration Segregation or Disciplinary Segregation in the Building Two Detention Facility will receive a total of one hour and fifteen minutes of out-of-cell time for recreation, yard, showers and telephone usage every other night (one hour is for recreation, television and telephone and 15 minutes is designated as shower time).
 - 1. The Control Deputy will advise the inmate when the scheduled out-of-cell time for recreation time begins and ends.
 - 2. The door to the outside yard will be unlocked and accessible for inmates to come and go from the yard to the dayroom for purposes of bathroom, water fountain use and/or climatic weather.
- B. The Floor Deputy will make an entry on the "Lockdown Yard and Shower Log," showing the date, time in/out, name, cell #, yard - shower or both and the Corrections Deputy's I.D. number.
 - 1. If an inmate refuses the scheduled out-of-cell recreation time, the inmate will be required to sign the "Lockdown Yard and Shower Log" as a refusal.
 - a. If an inmate refuses to sign the log as a refusal for the out-of-cell recreation time, the Corrections Deputy will make a notation on the "Lockdown Yard and Shower Log".

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